For Yosemite Valley trails and information, please see the Yosemite Valley Hiking Map.

- Use a detailed trail map or topographic map instead.
- Always be prepared for sudden changes in weather and carry plenty of water. Treat all water obtained from natural sources.
- Stay on trails; taking shortcuts causes trail erosion and can be dangerous.
- Never feed or approach wildlife!

This map should not be used for backcountry trips. Use a detailed trail map or topographic map instead.
Moderate

Glacier Point
300 yards one way. 5 minutes.
Begin at Glacier Point parking area
Come for the sunrise or stay for the sunset—the view from Glacier Point is spectacular any time of day. Start at the Glacier Point parking area and enjoy a leisurely wheelchair-accessible stroll to the Glacier Point railing, where you look down on Yosemite Valley (3,200 below!) and east toward Half Dome and the High Sierra.

McGurk Meadow
1.6 miles (2.5 km) round-trip. 1–2 hours; 150 ft (50 m) elevation change
Begin at McGurk Meadow trailhead
The trail leads downhill 0.8 mile (1.3 km) to McGurk Meadow and the site of an old cabin that belonged to shepherd John McGurk. During early summer, look for a tremendous show of wildflowers. You can continue along the trail an additional mile (1.6 km) to reach the Pohono Trail, which runs west to Dewey Point and Tunnel View and east to Bridalveil Creek, Taft Point, and Glacier Point.

Dewey Point
8.2 miles (13.2 km) round-trip. 4–6 hours; 750 ft (225 m) elevation change
Begin at McGurk Meadow trailhead
Begin by following the McGurk Meadow Trail as described above. Continue one mile (1.6 km) past the meadow to reach an intersection with the Pohono Trail. Follow the Pohono Trail west (left) to Dewey Point, 4.1 miles (6.6 km) from the trailhead. Enjoy the unique views of El Capitan, Cathedral Rocks, Half Dome, and the Yosemite high country. Return the same way, or you can continue on the Pohono Trail west to more viewpoints and eventually the Tunnel View parking area 5.5 miles (8.9 km) beyond Dewey Point.

Taft Point & The Fissures
2.2 miles (3.5 km) round-trip. 2 hours (200 ft (60 m) elevation change)
Begin at Sentinel Dome/Taft Point trailhead
Begin with an easy walk through the forest past a wildflower-filled meadow (seasonal), the trail leads to an expanse on the south rim of Yosemite Valley. Taft Point is marked by a small railing at the cliff’s edge. Enjoy magnificent views of Yosemite Valley, including El Capitan and Yosemite Falls. Near Taft Point, you’ll see the Fissures—narrow fractures in the granite called joints. Watch out for drops near these fractures of up to 2,000 feet!

Sentinel Dome
1.8 miles (2.9 km) round-trip. 2 hours; 400 ft (125 m) elevation change
Begin at Sentinel Dome/Taft Point trailhead
This wide trail leads mostly across open granite with little shade. The trail meets an old road near the base of Sentinel Dome. Follow the road to the northeast side of the dome where the incline is less imposing. From here, scramble up the granite slope to the top of the dome. Enjoy a breathtaking 360-degree view of the park. Consider taking this hike at sunset or during a full moon, but remember to bring a flashlight with fresh batteries!

Sentinel Dome/Taft Point Loop
4.9 miles (7.9 km) loop. 3–4 hours; 1,000 ft (300 m) elevation change.
Begin at Sentinel Dome/Taft Point trailhead
The Sentinel Dome and Taft Point trails can be combined into a loop hike. For a clockwise loop, start by hiking Sentinel Dome’s northeast side as described previously. After descending the same northeast slope, follow the trail north to the Pohono Trail junction. Take the Pohono Trail southwest, descending to Sentinel Creek before climbing to the Taft Point trail junction. From here, Taft Point sits a half mile downhill to the west (right), while the trailhead is a half mile to the east (left). For a clockwise loop, begin with Taft Point and follow the Pohono Trail to Sentinel Dome, returning to the trailhead via the Sentinel Dome trail.

Strenuous

Four Mile Trail
4.8 miles (7.7 km) one way. 3–4 hours; 3,200 ft (975 m) elevation change
Begin at Glacier Point parking area
The Four Mile Trail follows a series of switchbacks down the south wall of Yosemite Valley. Although lacking shade during the heat of summer, this trail has no lack of views—El Capitan and the Cathedral Rocks tower to the west, while Yosemite Falls plummets in the north and Half Dome looms eastward. The trail ends about a mile west of Yosemite Village, which is accessible by riding the El Capitan Shuttle (summer only) or by crossing the Merced River on Swinging Bridge.

Panorama Trail
8.3 miles (13.4 km) one way. 6–8 hours; 4,000 ft (1,200 m) total elevation change
Begin at Glacier Point parking area
This longer route to Yosemite Valley brings hikers past Illilouette, Nevada, and Vernal Falls. After descending 1,300 feet (400 m) to Illilouette Fall during the first 2.0 miles (3.2 km), the trail climbs nearly 800 ft (240 m) to gain the Panorama Cliff ridgeline. Next, a 600 ft (175 m) descent leads you to the intersection with the John Muir Trail above the top of Nevada Fall. You now have two choices to reach Yosemite Valley: a left turn follows the John Muir Trail downhill for the remaining 3.3 miles (5.3 km), while a right turn crosses the brink of Nevada Fall before passing Vernal Fall enroute to Yosemite Valley over 2.9 miles (4.7 km). Consider combining this trail with the Four Mile Trail for a long, strenuous loop!

Mt. Starr King View
3 miles (4.8 km) round-trip. 2–3 hours; 900 ft (275 m) elevation change
Begin at Mono Meadow trailhead
The trail descends steeply to Mono Meadow—an area that is very wet throughout the summer. Expect log crossings over creeks and lots of mud. Follow the trail from the east end of the meadow for a half mile (0.8 km) to an unmarked clearing. Enjoy magnificent views of the Clark Range, Mt. Starr King, and Half Dome. Adventurous hikers can continue another 1.5 miles (2.4 km) downhill to Illilouette Creek (no footbridge). A turn left (north) at the junction brings hikers an additional 3.5 miles (5.6 km) to Glacier Point, climbing 1,000 ft (240 m).

Ostrander Lake
11.4 miles (18.3 km) round-trip. 8–10 hours; 1,500 ft (450 m) elevation change
Begin at Ostrander Lake trailhead
The first half of this hike gently inclines through forest and meadow where you can observe severe scars and regrowth from a 1987 lodgepole pine forest fire. A steep 1,500 foot (450 m) elevation gain opens up to views of granite domes, Mt. Starr King, and the Clark Range just prior to arriving at Ostrander Lake.

Pohono Trail
12.9 miles (20.8 km) one way. 8–10 hours; 2,800 ft (850 m) elevation change
Begin at Glacier Point parking area or Tunnel View parking area on Wawona Road
Most commonly hiked one-way downhill (from Glacier Point, the Pohono Trail rewards hikers with several viewpoints of Yosemite Valley from the south rim. East to west, these views include Taft Point, Dewey Point, Crocker Point, and Stanford Point. An optional 0.5 mile (0.8 km) side trail gains the summit of Sentinel Dome.

The Four Mile Trail and Panorama Trail can be hiked one-way during the summer by purchasing a one-way bus tour ticket between Yosemite Valley and Glacier Point. Note that tours can fill, so it is recommended to first ride the bus and then hike your return trip. Please visit a DNC tour desk for details. Other trails listed here can be hiked one-way by shuttling two vehicles or having a friend or family member drop you off at one trailhead and hiking to another.